

# Outcome Study

Energy4Life conducted a large outcome study involving 367 participants.

88% of participants noticed benefits after just one session, improving to 93% after two. Participants reported an average improvement of over 60% across a range of concerns.

# 93%

Saw Rapid Results



Scan to learn more about the miHealth.

Following the discovery and mapping of the human body-field, Energy4Life has worked alongside the healthcare profession for decades, building up an impressive body of research and practical experience.

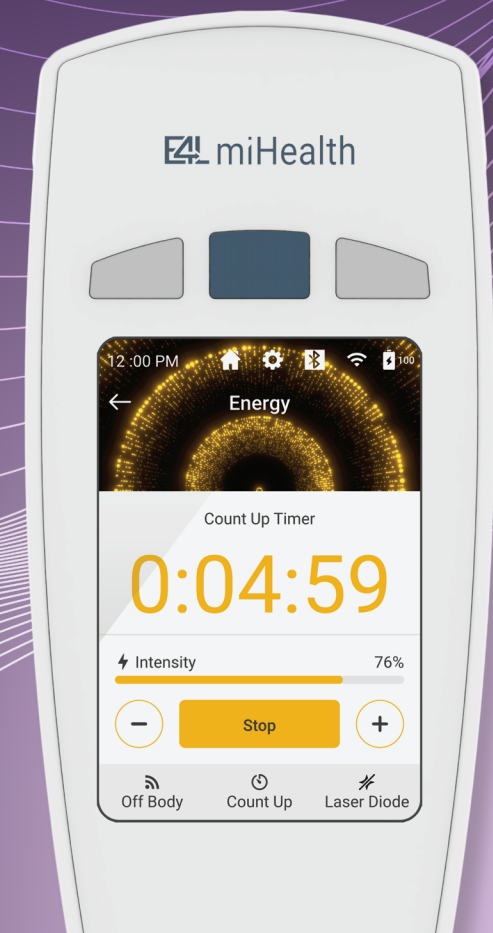
This has led to a deeper understanding of the role the energy field has to play within the arena of health and wellbeing — and the effectiveness of the miHealth.

Ask your E4L practitioner for more information, or visit [www.e4l.com](http://www.e4l.com).

Superior Biofeedback Technology. Superior Results.

## ENERGY4LIFE

### miHealth



# Meet the miHealth

Powerful, Compact, Multifaceted Tool to Promote Energy Flow and Wellbeing

## What is miHealth?

miHealth is a powerful, non-invasive, handheld biofeedback device. It is effective for reducing stress, optimizing energy flow, relaxing and retraining muscles, and supporting overall wellness.

## 21st Century Solution to Optimal Wellness

Surpassing other biofeedback devices, miHealth measures through both skin impedance and exclusive pulse assessment technology. It provides immediate support from our proprietary information-base therapy combined with these established technologies:

1. **PEMF** (Pulsed Electromagnetic Frequencies)
2. **PBM** (Photobiomodulation)
3. **SCENAR** (Self-Controlled Energo-Neuro Adaptive Regulation)



Pulse assessments inspired by TCM show balancing needed in the 5 elements, and the miHealth supports this balance.



Skin impedance readings give instant feedback on areas needing the most energetic support.



SCENAR enhanced with photobiomodulation offers quick benefits and adjusts in real time to the needs of the body.



PEMF provides subtle yet powerful support in both on-body and off-body use.



Dual sets of built-in electrodes provide usage flexibility, which can be expanded with optional external electrodes.

## miHealth Benefits

These combined, superior technologies create one powerful, multifaceted device with benefits that include:

- Faster recovery following physical activity
- Help with joint mobility
- Sleep pattern support
- Mental and emotional wellbeing
- Increased energy
- Feelings of relaxation

## What to Expect from a miHealth Session

### During a Session:

The miHealth is either stroked across the skin or used off body in “broadcast” mode. When used on body, you might experience a tingling sensation that can be relaxing or even uplifting.

### Post Session:

Expect to finish a miHealth session feeling relaxed, rejuvenated, and feeling better overall.